

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Memory Care at Chestnut Ridge</b>			10:00 Boscov's Trip 10:30 Alphabet Game 11:00 Walking Club 11:30 Story Time 2:30 Snack and Chat 3:30 Quiet Meditation 4:00 Me TV  <b>Celebrating Black History Month</b>	10:00 Bucket Toss 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Phil: 6 more weeks of Spring? 2:30 Snack and Chat 3:30 Movie Matinee "Ground Hog Day" 4:00 Me TV <small>Groundhog Day</small>	10:00 Brain Games 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Current Events and Chat 2:30 Ice Cream Social 3:30 Sort Objects by Shape/Colors 4:00 Me TV	10:00 Word Game 10:30Favorite Tunes 11:00 Snack and Chat 11:30 February EZ Does it Trivia 2:30 Saturday Matinee "Being There" 3:30 Let's Color 6:00 Relaxing with Golden Girls
10:00 Finger Painting 10:30 Music, Music, Music 11:00 Snack and Chat 11:30 Daily Inspirations 2:30 Sunday Matinee "Batteries not Included" 3:30 Things in Threes 6:00 I Love Lucy	10:00 Current News Trivia 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 look at pictures in National Geographic 2:30 Snack and Chat 3:30 African American Trivia 4:00 Me TV	10:00 Art Class 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Sort playing Cards by Their color 2:30 Snack and Chat 3:30 Put a Puzzle together. 4:00 Me TV	10:00 Ichiban Chinese Buffet Trip 10:30 Weather Expressions 11:00 Finishing Words 11:30 Dear Abby 2:30 Snack and Chat 3:30 Quiet Meditation 4:00 Me TV	10:00 Guess Who? 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Moring Social 2:30 Root beer Float Party 3:30 Play Favorite Song and Sing 4:00 Me TV	10:00 You Be the Judge 10:30Let's Move to The Beat 11:00 Music and Memories 11:30 Current Event and Chat 2:30 Snack and Chat 3:30 All About Me " My First Job 4:00 Me TV	10:00 Rock Painting 10:30 Favorite Tune 11:00 Snack and Chat 11:30 Famous Couple 2:30 Saturday Matinee "The Great Outdoor" 3:30 Complete the Saying 6:00 Relaxing with Golden Girls
10:00 Play Board Games 10:30 Music, Music, Music 11:00 Snack and Chat 11:30 Daily Inspirations 2:30 Sunday Matinee "An American in Paris" 3:30 Memory Picture Book 6:00 I Love Lucy Decades TV	10:00 Finish the Sentence 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Make a Black History Collage 2:30 Snack and Chat 3:30 Chair Massage 4:00 Me TV	10:00 Poetry Corner 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Make a Valentine Collage 2:30 Valentine treats 3:30 Reminisce about 1 <sup>st</sup> Kiss 4:00 Me TV  <small>Valentine's Day</small>	10:00 Walmart Trip 10:30 Manicure and Hand Massage 11:00 Can you Name 5? 11:30 Finish the Line 2:30 Snack and Chat 3:30 Quiet Meditation 4:00 Me TV	10:00 Who Sang it? 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Name That Decade 2:30 Snack and Chat 3:30 Black Musicians Who Am I? 4:00 Me TV	10:00 Things that go Together 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Current Events and Chat 2:30 Pie Party 3:30 Where AM I? 4:00 Me TV	10:00 Book Club 10:30 Favorite Tunes 11:00 Snack and Chat 11:30 Daily Chronicle 2:30 Saturday Matinee "The Wedding Planner" 3:30 Memory Picture Book 6:00 Relaxing with Golden Girls
10:00 Watercolors 10:30 Music, Music, Music 11:00 Snack and Chat 11:30 Daily Inspirations 2:30 Sunday Matinee "The Wiz" 3:30 Today in History 6:00 I Love Lucy Decades TV	10:00 Family Feud 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 President Trivia Facts 2:30 Snack and Chat 3:30 Chair Massage 4:00 Me TV  <small>Presidents' Day (US)</small>	10:00 Trivia and Reminiscence 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Famous Black Americans in Sports "Jackie Robinson" 2:30 Snack and Chat 3:30 Word Search Club 4:00 Me TV  <small>Mardi Gras</small>	10:00 Olive Garden Trip 10:30 Two Pairs 11:00 Aromatherapy 11:30 Finish the Lyrics 2:30 Snack and Chat 3:30 Quiet Meditation 4:00 Me TV  <small>Ash Wednesday</small>	10:00 Play a card game. 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Famous Black Americans In Civil Rights 2:30 Snack and Chat 3:30 Memory Picture Book 4:00 Me TV	10:00 World Events 10:30Let's Move to The Beat 11:00 Music and Memories 11:30 Current Events and Chat 2:30 Snack and Chat 3:00 Rub in Hand Lotion 4:00 Me TV	10:00 Tell a Joke 10:30 Favorite Tune 11:00 Snack and Chat 11:30 Daily Chronicle 2:30 Saturday Matinee "Casablanca" 3:30 Remember When? 6:00 Relaxing with Golden Girls
10:00 TV Shows 10:30 Music, Music, Music 11:00 Snack and Chat 11:30 Daily Inspirations 2:30 Sunday Matinee 3:30 Hymn Sing 6:00 I Love Lucy Decades TV	10:00 Words of Wisdom 10:30Let's Move to the Beat 11:00 Music Nd Memories 11:30 Balloon Volleyball 2:30 Snack and Chat 3:30 Chair Massage 4:00 Me TV	10:00 Match It 10:30Let's Move to the Beat 11:00 Music and Memories 11:30 Riddle Me This 2:30 Snack and Chat 3:30 Finish Nursery Rhymes 4:00 Me TV	<h1>February 2023</h1>			