

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2023

Chestnut Ridge Wallingford Memory Care Calendar

							9:30 Exercise w/ meditation 10:30 Word Scramble w morning hydration & snack 11:30 Noodle Ball 2:30 Bingo 3:30 Hydration & Snack/Matching Game 4:00 Outside Patio April Fools' Day
9:30 Grow young chair exercise w/meditation 10:30 Hydration/social w hymn sing a long 2:30 Bingo 3:30 Name that Tune w/snack 4:15 Color Crafts 6:30 Movie of choice Palm Sunday	2 9:30 Chair Exercise 10:30 Jack & the Bean Stalk 11:30 Grand Canyon Travel 2:30 Let's Bake Cookies 3:30 Snack & Hydration 4:00 What's that trivia? 4:30 Watercolor Painting 6:45 Movie of choice 7:30 Evening Snack	3 9:30 Exercise & Meditation 10:30 Hydration &snack 11:30 Noodle Ball 2:30 Outside Patio 3:30 Snack & Hydration 4:30 Name that tune 6:45 Movie of choice 7:30 Evening Snack	4 9:30 Chair Exercise & Meditation 10:30 Mother & the Goose w/ hydration & snack 2:30 Let's Bake a cake 3:30 Hydration & Sweet Treats 4:30 Color Painting 6:45 Movie Passover Begins	5 9:30 Chair Exercise/w meditation 10:30 What Rhymes with?? 11:30 Name that tune 2:30 Parachute 3:30 Snacks & Hydration 4:00 Arts & Crafts 6:45 Movie of choice 7:30 Evening Snack	6 9:30 Seated exercise & meditation 10:30 Hydration & Snack 11:00 Ride in the countryside 2:30 Let's make brownies 3:30 Hydration & Snacks 4:00 Happy Hour 6:45 Movie of choice 7:30 Evening Snack	7 9:30 Exercise w/ meditation 10:30 Word Scramble w morning hydration & snack 11:30 Noodle Ball 2:30 Bingo 3:30 Hydration & Snack/Match Game 4:00 6:45 Movie of choice	
9:30 Grow young chair exercise w/meditation 10:30 Hydration & mid-morning snack social 2:30 Bingo 3:30 Name that Tune 4:15 Color Craft 6:30 Movie of choice Easter Sunday	9 9:30 Chair Exercise 10:30 Emperors/Clothes 11:30 Grand Canyon Travel 2:30 Let's Bake Cookies 3:30 Snack & Hydration 4:00 What Goes with trivia 4:30 Watercolor Painting 6:45 Movie of choice 7:30 Evening Snack	10 9:30 Exercise & Meditation 10:30 Hydration &snack 11:30 Ball Toss 2:30 Outside Patio 3:30 Snack & Hydration 4:30 Name that tune 6:45 Movie of choice 7:30 Evening Snack	11 9:30 Chair Exercise & Meditation 10:30 Your favorite rhyme??/snack & hydration 2:30 Let's Bake a cake 3:30 Hydration & Sweet Treats 4:30 Color Painting 6:45 Movie	12 9:30 Chair Exercise/w meditation 10:30 What Rhymes with?? 11:30 Name that tune 2:30 Balloon Tennis 3:30 Snacks & Hydration 4:00 Arts & Crafts 6:45 Movie of choice 7:30 Evening Snack	13 9:30 Chair exercise & meditation 10:30 Hydration & Snack 11:00 Let's make music 2:30 Let's make brownies 3:30 Hydration & Snacks 4:00 Happy Hour 6:45 Movie of choice 7:30 Evening Snack	14 9:30 Exercise w/ meditation 10:30 Word Scramble w morning hydration & snack 11:30 Noodle Ball 2:30 Bingo 3:30 Hydration & Snack/Match Game 4:00 Music Appreciation 6:45 Movie of choice	
9:30 Grow young chair exercise w/meditation 10:30 Hydration & mid-morning snack social 2:30 Bingo 3:30 Name that Tune 4:15 Color Craft 6:30 Movie of choice 7:30 Hydration & Snack	16 9:30 Chair Exercise 10:30 Rumpelstiltskin 11:30 Grand Canyon Travel 2:30 Let's Bake Cookies 3:30 Snack & Hydration 4:00 What's that trivia? 4:30 Watercolor Painting 6:45 Movie of choice 7:30 Evening Snack	17 9:30 Exercise & Meditation 10:30 Hydration &snack 11:30 Noodle Ball 2:30 Outside Patio 3:30 Afternoon social 4:30 Name that tune 6:45 Movie of choice 7:30 Evening Snack	18 9:30 Chair Exercise & Meditation 10:30 Mother & the Goose w/ hydration & snack 11:30 Let's send a letter 2:30 Let's Bake a cake 3:30 Hydration & Sweet Treats 4:30 Color Painting 6:45 Movie	19 9:30 Chair Exercise/w meditation 10:30 What Rhymes with?? 11:30 Name that tune 2:30 Parachute 3:30 Snacks & Hydration 4:00 Arts & Crafts 6:45 Movie of choice 7:30 Evening Snack	20 9:30 Seated exercise & meditation 10:30 Hydration & Snack 11:00 Ride in the countryside 2:30 Let's make brownies 3:30 Hydration & Snacks 4:00 Happy Hour 6:45 Movie of choice 7:30 Evening Snack	21 9:30 Exercise w/meditation 10:30 Word Scramble w/ hydration & snack 11:30 Noodle Ball 2:30 Bingo 3:30 Hydration & Snack/Match Game 4:00 Music Appreciation 6:45 MovieEarth Day	
9:30 Grow young chair exercise w/meditation 10:30 Hydration & mid-morning snack social 2:30 Bingo 3:30 Name that Tune 4:15 Color Craft 6:30 Movie of choice 7:30 Hydration & Snack	23 9:30 Chair Exercise 10:30 Hansel & Gretel 11:30 Grand Canyon Travel 2:30 Let's Bake Cookies 3:30 Snack & Hydration 4:00 What goes with trivia 4:30 Watercolor Painting 6:45 Movie of choice 7:30 Evening Snack	24 9:30 Exercise & Meditation 10:30 Hydration &snack 11:30 Ball Toss 2:30 Outside Patio 3:30 Afternoon Social 4:30 Name that tune 6:45 Movie of choice 7:30 Evening Snack	25 9:30 Chair Exercise & Meditation 10:30 Your favorite rhyme??/ hydration & snack 2:30 Let's Bake a cake 3:30 Hydration & Sweet Treats 4:30 Color Painting 6:45 Movie Administrative Professionals Day	26 9:30 Chair Exercise/w meditation 10:30 What Rhymes with?? 11:30 Name that tune 2:30 Bowling 3:30 Snacks & Hydration 4:00 Arts & Crafts 6:45 Movie of choice 7:30 Evening Snack	27 9:30 Chair exercise & meditation 10:30 Hydration & Snack 11:00 Let's make music 2:30 Let's make brownies 3:30 Hydration & Snacks 4:00 Happy Hour 6:45 Movie of choice Arbor Day	28 9:30 Exercise w/ meditation 10:30 Word Scramble w morning hydration & snack 11:30 Noodle Ball 2:30 Bingo 3:30 Hydration & Snack/Match Game 4:00 Music Appreciation 6:45 Movie of choice	
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